



Women Share The Best Part Of Being A Mom



EXPECTFUL PARENTHOOD

ANNA GANNON APRIL 30, 2016



Becoming a mom is the best thing that's ever happened to me. It's made me lose myself and find myself in the most profound and beautiful way. It's also given me something I never knew I wanted or needed; to be welcomed in with open arms by moms everywhere.

When you become a mom you join the best club ever; The Mom Club. This club doesn't judge. They don't look for ways to prove you wrong or to educate you on what you should do. Instead, they listen. They take you in with compassion, open hearts and the biggest feeling of support you have ever felt.

When I became a mom the ground beneath me crumbled. I felt unstable, like I couldn't get anything right and nothing I did seemed to help. It was during this time that I started working at Expectful and all of my days were spent talking to pregnant women or moms as I took care of my one-month old daughter Annabell.

What the women who I spoke to during that time don't know is that their conversations were helping me more than I thought I was helping them. Each one of them gave me some kind of insight, some thought that made me feel stronger or more compassionate towards myself as a mother. They helped me to feel more confident and understanding just by opening up to me about their stories.

This experience made me understand the power of sharing our thoughts as mothers and it's what's led me to want to write this piece for Mother's Day.

In writing this I want to accomplish one thing and one thing only: to inspire moms to remember what they love about being a mother and to have them know that when times get tough you only have to ask yourself one simple question "What's the best part about being a mom?" and you'll know it's all worth it.

I reached out to our users at Expectful to hear their answers and I couldn't be more taken aback by their thoughts. Each one is uniquely beautiful and reminds us all about how amazing it is to be a mother.

I hope you find these as uplifting and powerful as I have.

Happy Mother's Day.

"The best part about being a mom is the constant reminder of the unconditional love that exists in the world and in your heart. This love transcends everything and helps us mamas to make space to direct some of it inward for ourselves." -Rachel Broderick

"The best part of being a mom is that everything is new again and kind of magical because I get to experience things through the eyes of my son." -Kristin

"Being a mom is such of rollercoaster of emotions - love, happiness, worry, sadness and everything in between.... but some things stand out. Waking up to a smiling, giggling, happy baby who looks at you with love, seeing your baby grow up and thrive and learning new things, cuddles and kisses that make your forget any problems, the love and happiness you feel when you look at your baby - something you helped create and give life to:) some days you want to forget but I wouldn't change anything for the world, seeing her now and remembering my hard pregnancy and those weeks she spent in hospital when she was first born, has made me realise how grateful and blessed I am to be able to be a mom." -Vina Wilson

"This is a hard one to describe, below is my attempt to do so, but really there are no words. The bond, love, attachment, is beyond words. A feeling that just cannot be described in words. You are the dearest thing I have, nothing can surpass the feeling of motherhood. You are the best gift Dad gave me. I will anything in order to make you happy." -Expectful's Founder's Mother, Nili Krassner

"The best part of being a mom is experiencing everything again through my daughter's eyes. She sees everything with total awe and wonder and it makes me remember what a miracle this life is. She reminds me to slow down, be present and take it all in. My love for her is boundless and I am so grateful to see the world from her beautiful perspective." -Jessica Mougis

"The best part of being a Mom is experiencing true, complete unconditional love!" -Jessica Mougis's Mother

"I could come up with a hundred specific reasons. But I think it all boils down to watching your child develop into their own person. It's amazing to see what they like and dislike, the witty things they say, the things that make them laugh, the way they think, and I like comparing them to Eric and I and seeing what they've inherited from us.

And I'm happy to have learned that that part of being a mom never seems to end. I remember seeing other moms with school age kids when Andrew and Tyler were toddlers, and I felt bad for them that they had "old" kids. But then when my toddlers became teenagers, I realized it was just as rewarding, because they still needed mothering but were also old enough to do more fun things together." -Amy

Are you pregnant or a new mom?

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Our mission is to help you give your baby the best start in life. Go to expectful.com and sign up for our free 30-day meditation trail.

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